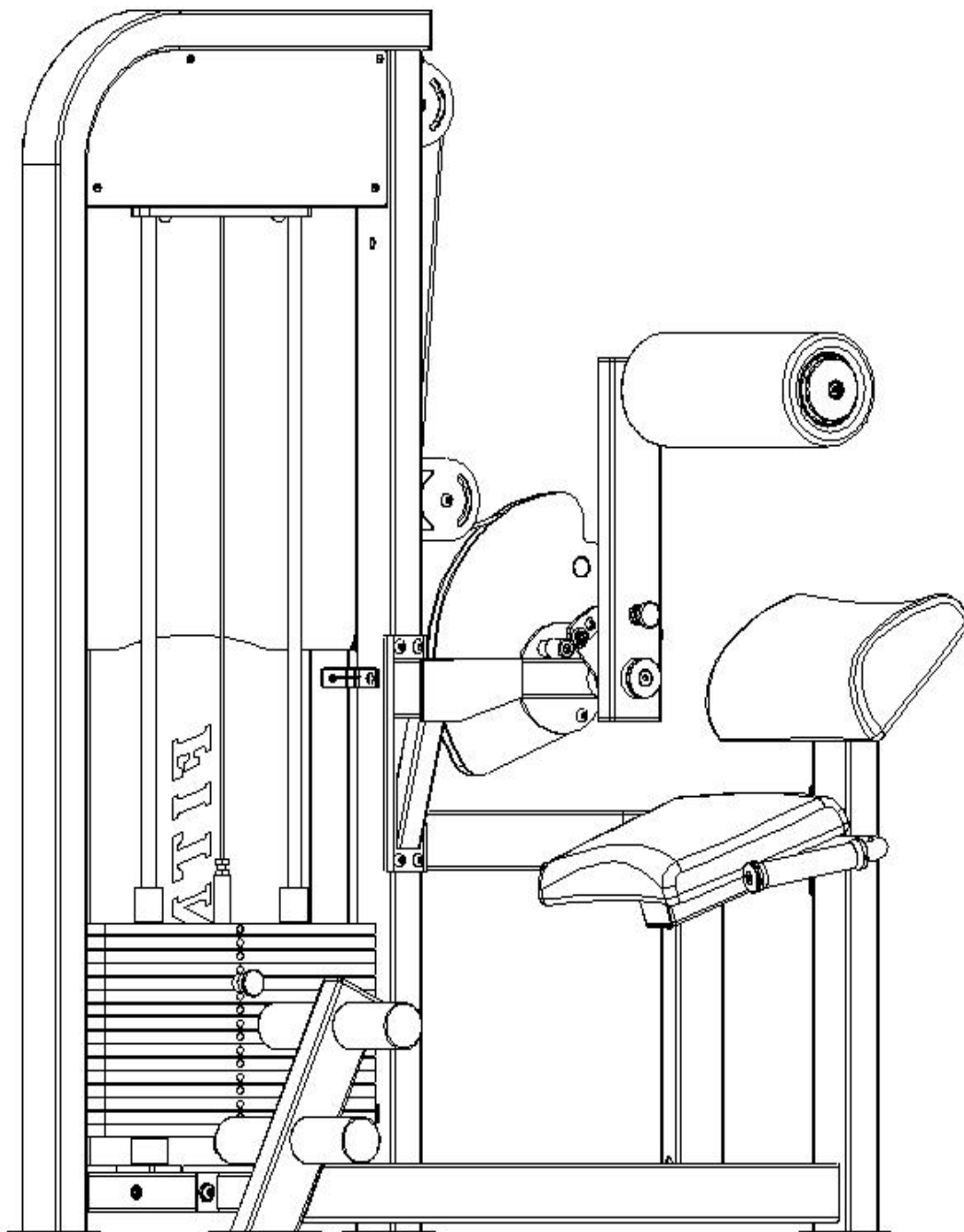
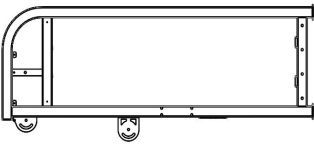
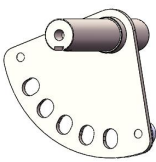
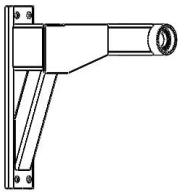
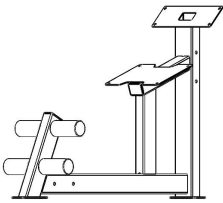
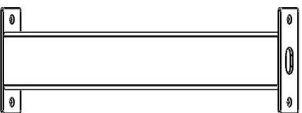
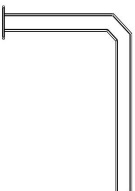
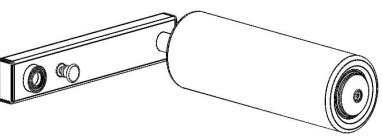
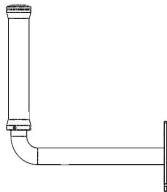
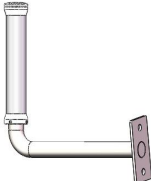
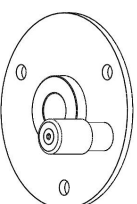
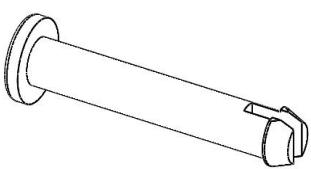
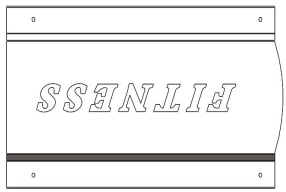
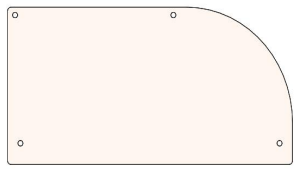
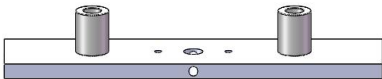
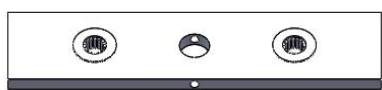
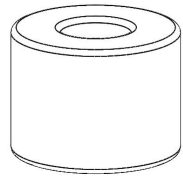
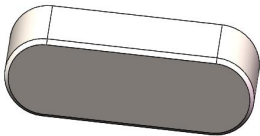
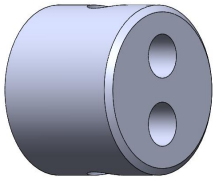
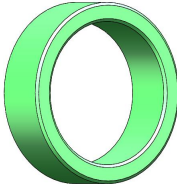
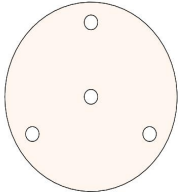
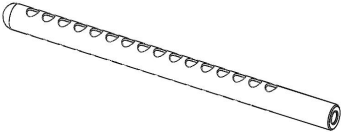
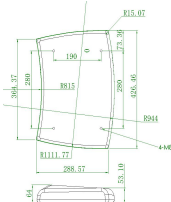
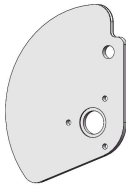
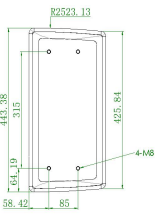
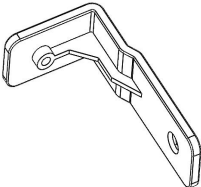
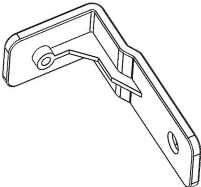
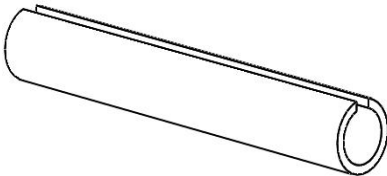


Installation Standard Instructions

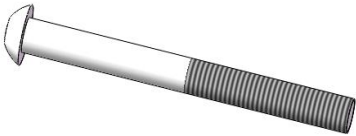
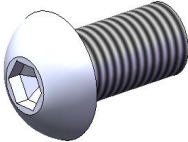
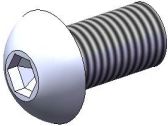
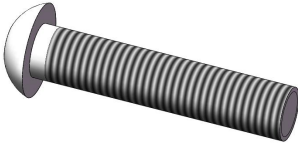
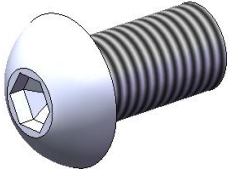
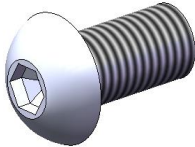
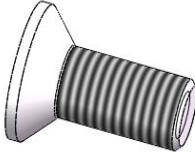
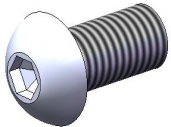
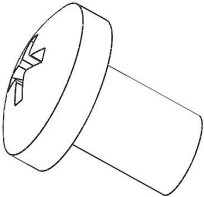
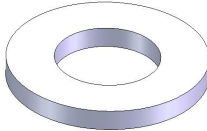
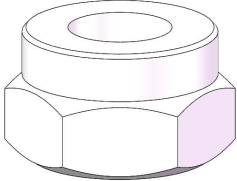
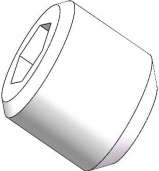


Parts list(individual packaging)

					
NO.1	Small door assembly*1pc	NO.2	Large shaft assembly*1pc	NO.3	Bracket assembly*1pc
					
NO.4	Main assembly*1pc	NO.5	Lower connection assembly*1pc	NO.6	Upper connection assembly*1pc
					
NO.7	Boom assembly*1pc	NO.8	Handle left welding assembly*1pc	NO.9	Handle right welding assembly*1pc
					
NO.10	Steering pulley assemblies*1pc	NO.11	Φ105 Pulley*3pcs	NO.12	Card rope pin*2pcs
					
NO.13	Door guards*2pc	NO.14	Label Board*2pcs	NO.15	Stackw eight assembly*1pc
					
NO.16	Weight stack *23pcs	NO.17	Round shock pad*2pcs	NO.18	Optical axis fixing plate*1pc

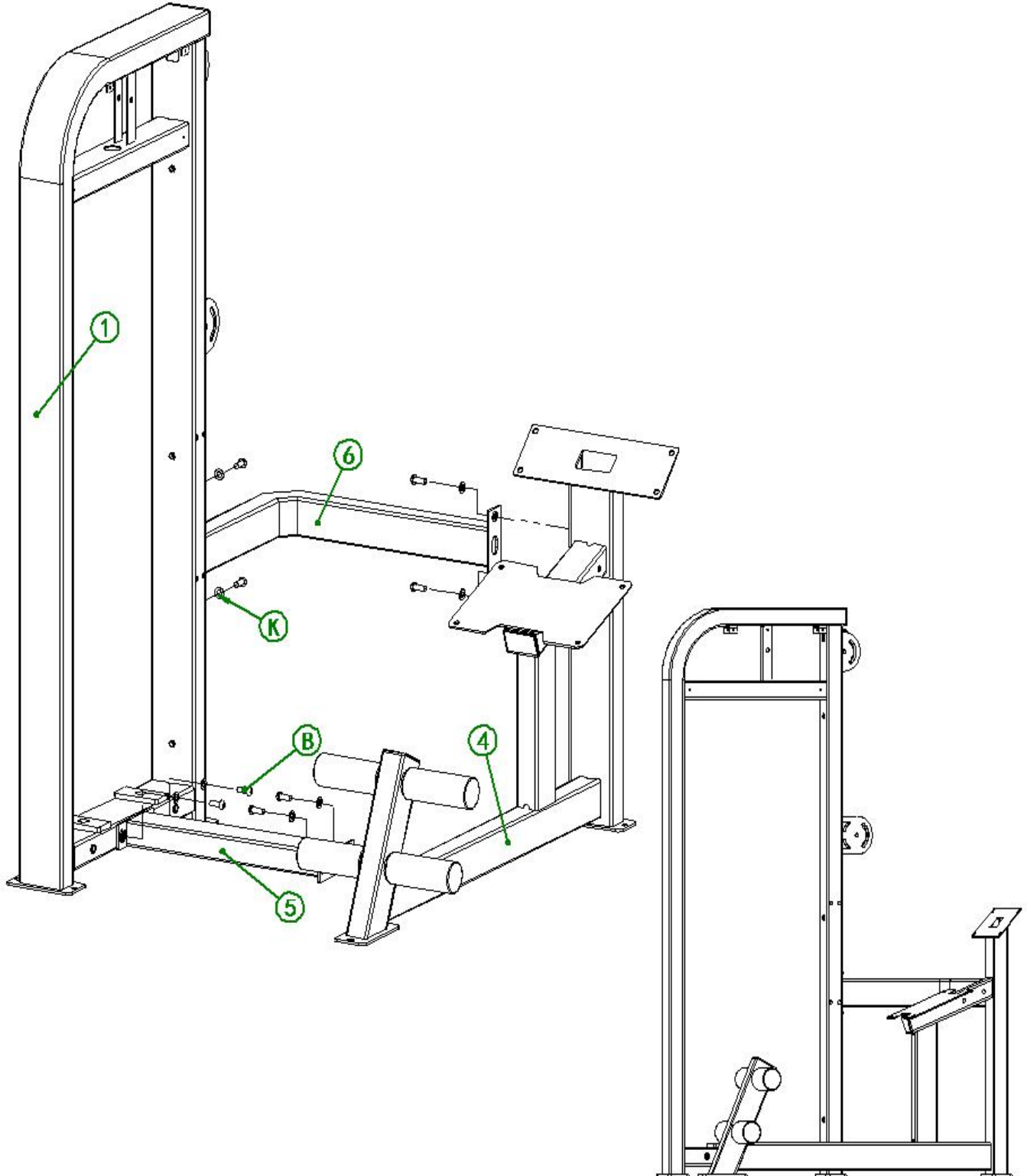
					
NO.19	Φ25*1217mm Guide Rod*2pcs	NO.20	8*25Flat key*1pc	NO.21	Aluminum end caps for guide rods*1pc
					
NO.22	Lock plate*1pc	NO.23	Fixed cable cylinder*1pc	NO.24	Powder metallurgy sleeve*1pc
					
NO.25	Rope reel cover*1pc	NO.26	Counterweight pins*1pc	NO.27	15-hole center rod*1pc
					
NO.28	Cushion*1pc	NO.29	Rope reel*1pc	NO.30	Backrest cushion*1pc
					
NO.31	Wire rope*1pc	NO.32	Small mounting bracket*4pcs	NO.33	Cotter pin*1pc

Blister Pack Screws List

					
A	Hexagon socket head screws M10*120*4pcs	B	Hexagon socket head screws M10*25*8pcs	C	Hexagon socket head screws M10*100*2pcs
					
D	M8*20Flat head screws*4pcs	E	Hexagon socket head screws M10*45*6pcs	F	Hexagon socket head screws M10*30*2pcs
					
G	Hexagon socket head screws M10*16*1pc	H	M10*25Countersunk Head Screws*1pc	I	M8*25Flat head screws*8pcs
					
J	Hexagon socket head screws M5*8* 12pcs	K	Φ10Gasket*21pcs	L	M10Anti-loosening nuts*12pcs
					
N	M8*12Top wire*2pcs				

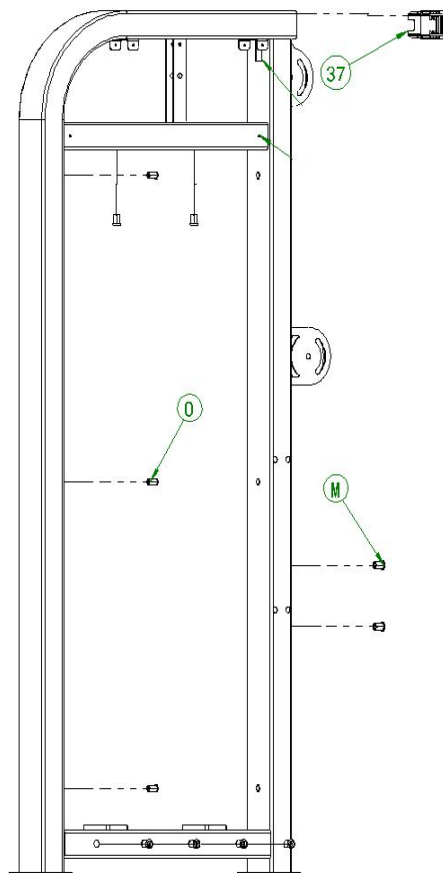
Assembly Steps

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
1	NO.1	Small door assembly	1	B	Hexagon socket head screws M10*25	8
	NO.4	Main assembly	1	K	Φ10Gasket	8
	NO.5	Lower connection	1	NO.6	Upper connection	1



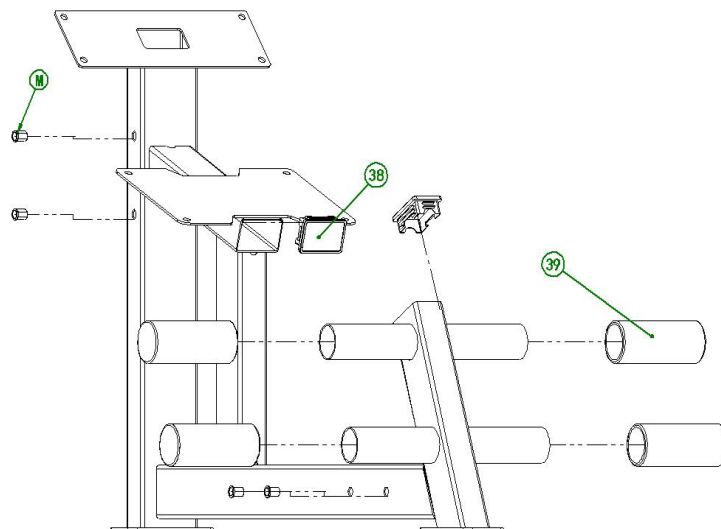
NO.1 Small door assembly*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.37	50*100 Square tube plug	1	O	M8 Pull Rivet Nuts	6
	M	M10 Pull Rivet Nuts	8			



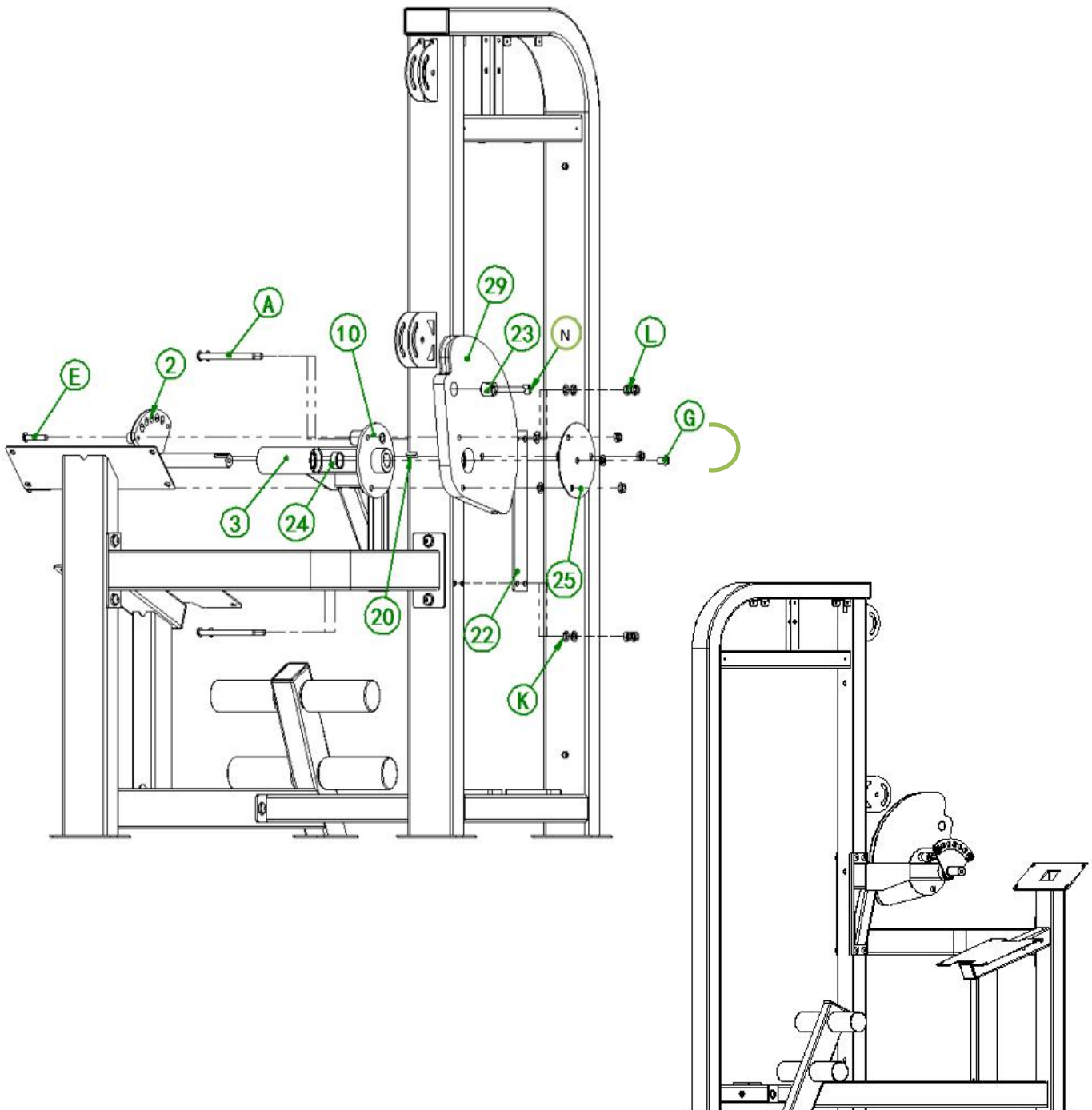
NO.4 Main assembly*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.38	50*75 Square tube plug	2	M	M10 Pull Rivet Nuts	4
	NO.39	Pedal	4			



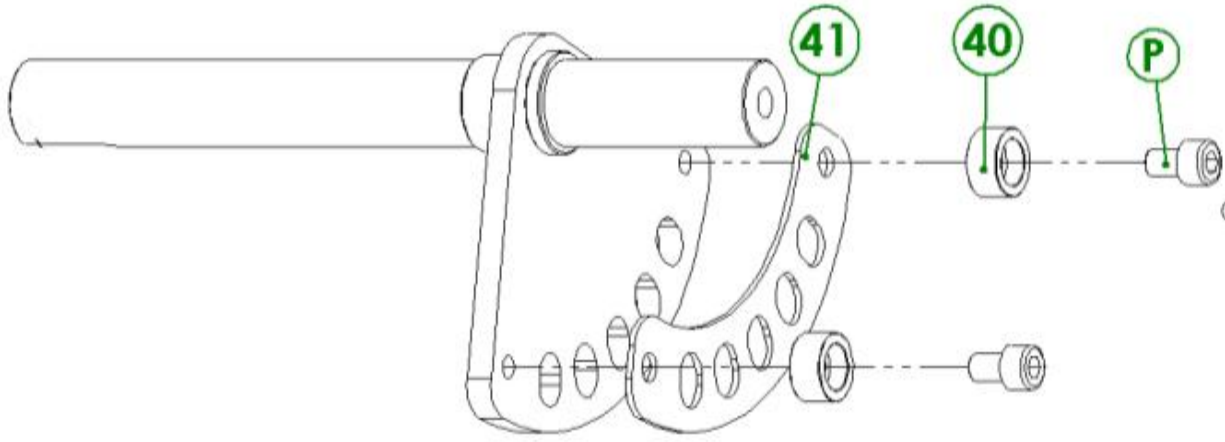
Steps

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
2	NO.2	Large shaft assembly	1	NO.29	Rope reel	1
	NO.3	Bracket assembly	1	NO.23	Fixed cable cylinder	1
	NO.10	Steering pulley assemblies	1	NO.20	8*25Flat key	1
	NO.24	Powder metallurgy sleeve	1	NO.25	Rope reel cover	1
	L	M10 Anti-loosening nuts	7	K	Φ10Gasket	8
	N	M8*12 Top wire	2	A	Hexagon socket head screws M10*120	4
	G	Hexagon socket head screws M10*16	1	E	Hexagon socket head screws M10*45	3
	NO.22	Lock plate	1			



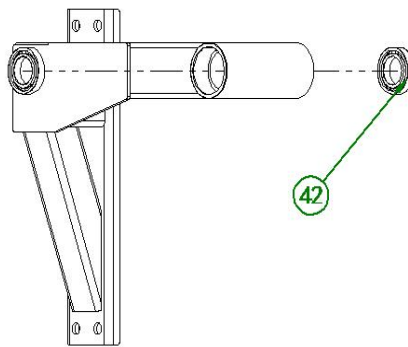
NO.2 Large shaft assembly

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.41	Stainless steel plate	1	P	M8*12 Cylinder head screw	2
	NO.40	limit post	2			



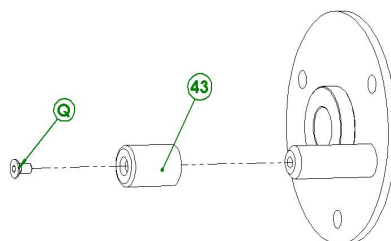
NO.3 Bracket assembly*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.42	61905 Bearing	2			



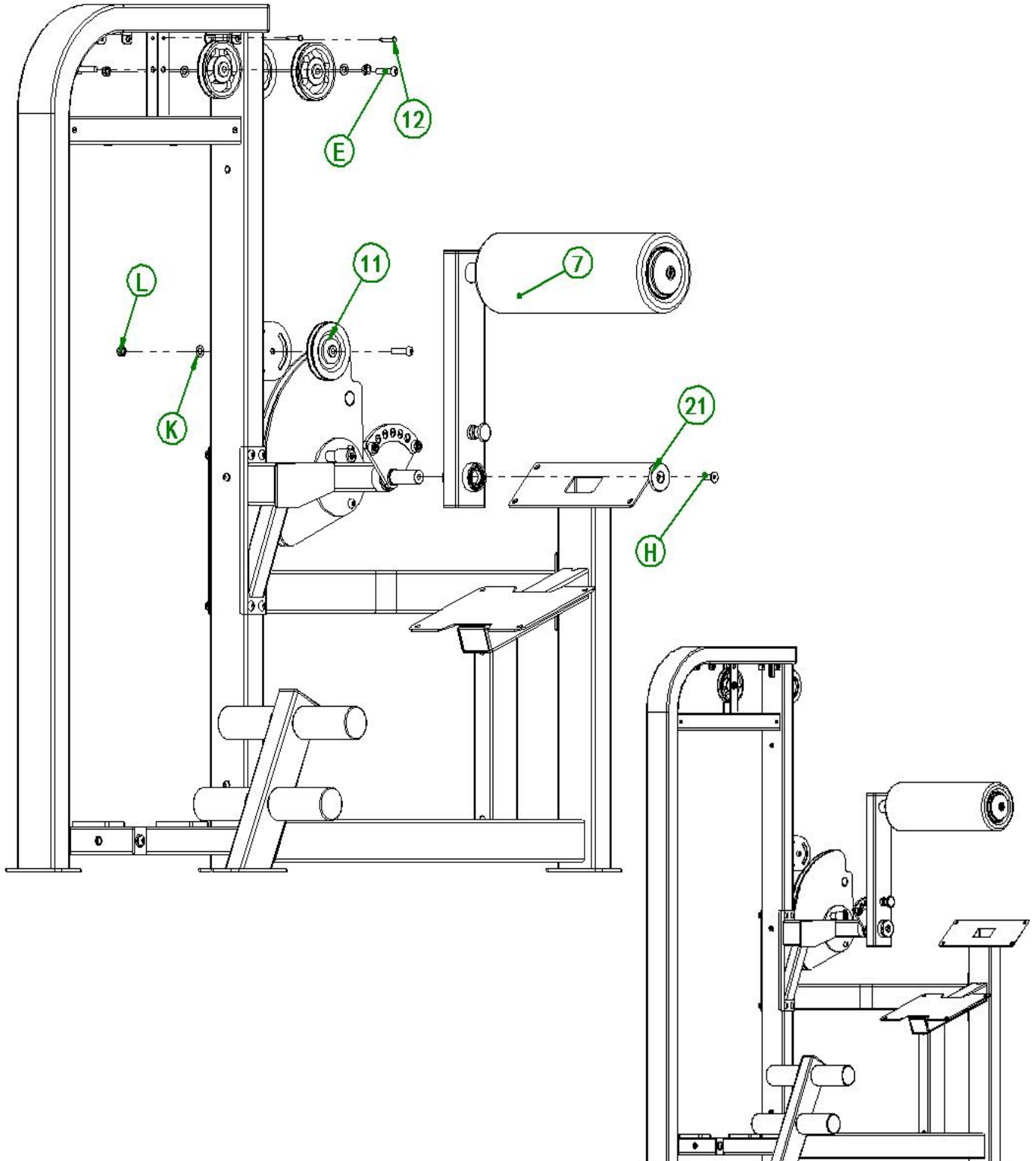
NO.10 Steering pulley assemblies*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	Q	M5*10 Flat Countersunk	1			
	NO.43	Smith Sheath	1			



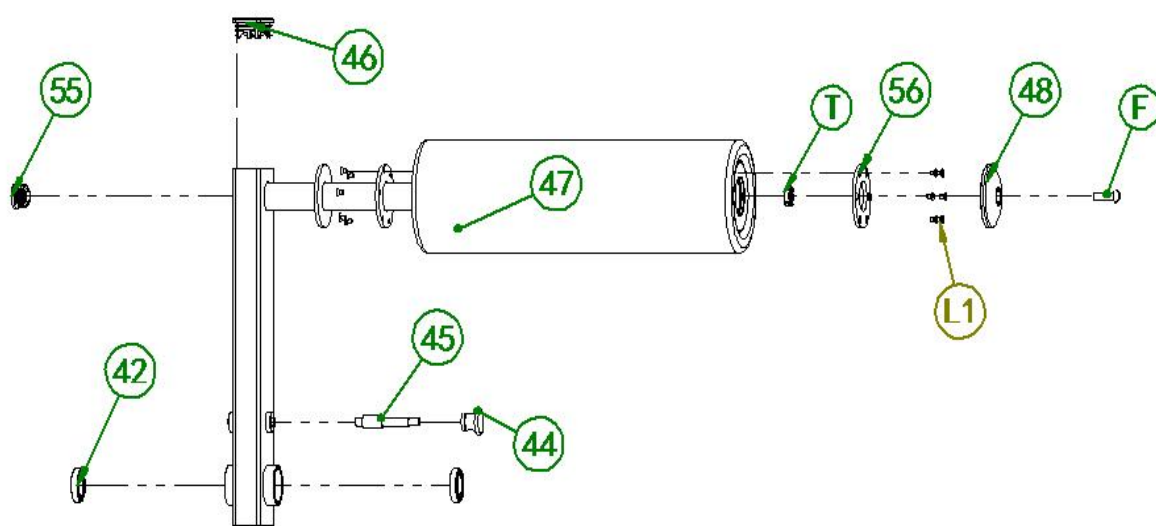
Steps

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
3	NO.11	Φ105 Pulley	3	L	M10Anti-loosening	3
	NO.7	Boom assembly	1	K	Φ10Gasket	3
	NO.12	Card rope pin	2	E	Hexagon socket head screws M10*45	3
	NO.21	Aluminum end caps for guide rods	1	H	M10*25Countersunk Head Screws	1



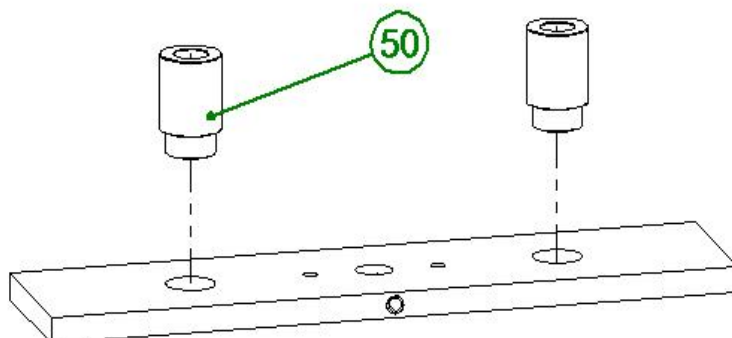
NO.7 Boom assembly*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.42	61905 Bearing	2	NO.44	Aluminum alloy spring pin	1
	NO.46	40*80 pipe plug	2	T	M10 star nut	1
	NO.47	Foam Roller	1	F	M10*30 flat round head screw	1
	NO.48	Foam end cap	1	NO.45	plug	1
	NO.49	spring	1	NO.55	Φ32 round pipe plug	1
	NO.56	No. 96 Plastic Parts	2	L1	5*13 Flat Head Screws	12



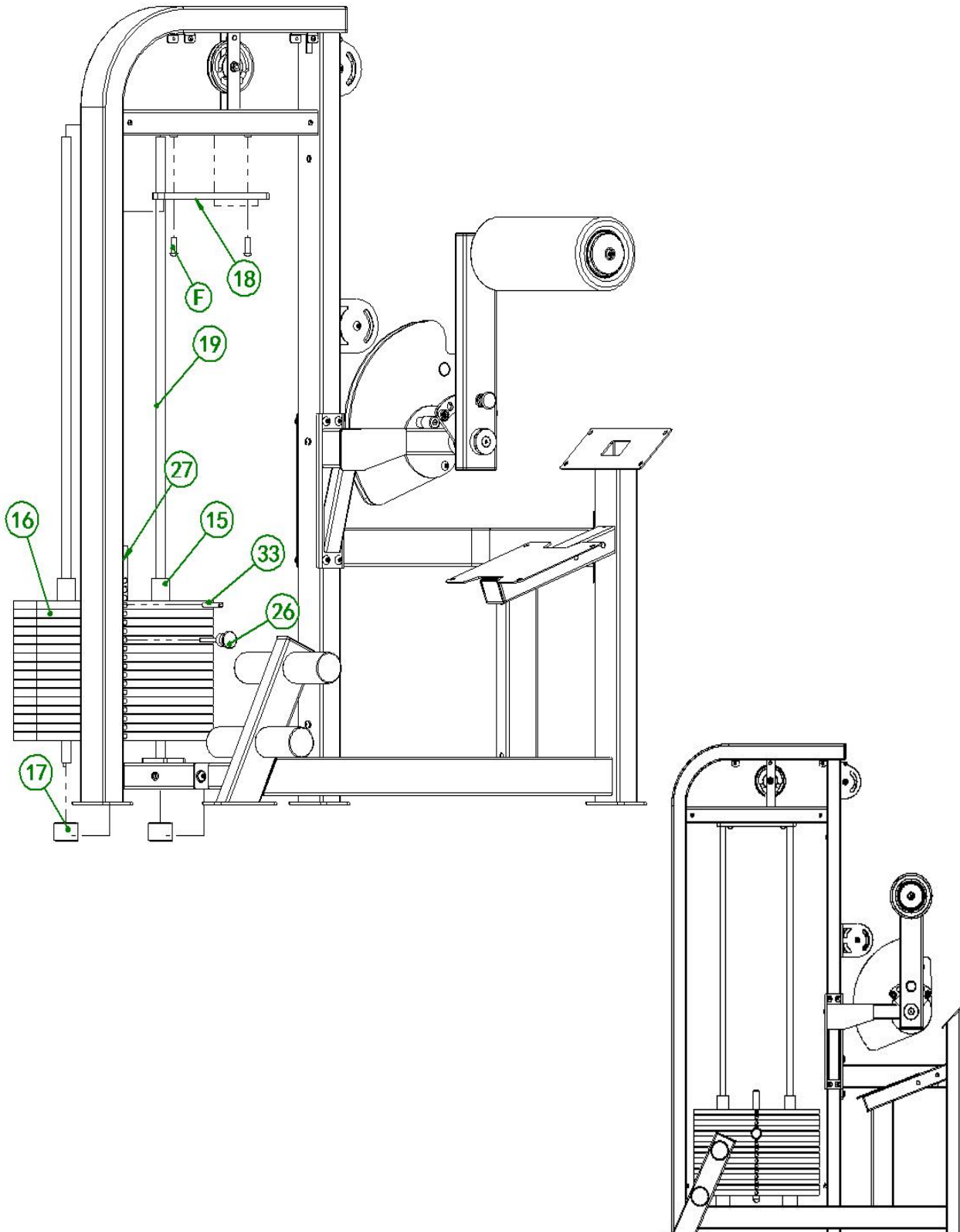
NO.15 Stackw eight assembly*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.50	Counterweight guide bush	2			



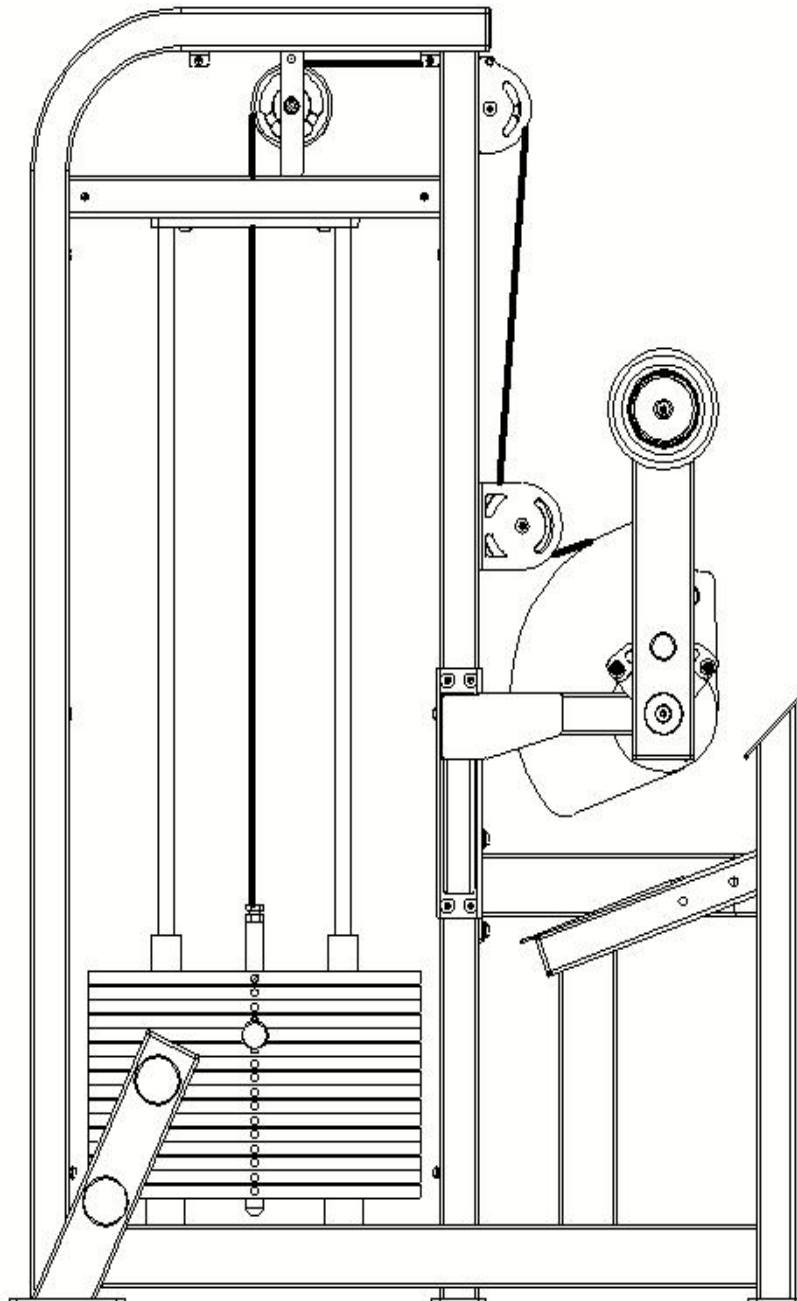
Steps

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
4	NO.15	Stackw eight assembly	1	NO.19	Φ25*1217mm Guide	2
	NO.16	Weight stack	15	NO.26	Counterweight pins	1
	NO.17	Round shock pad	2	F	Hexagon socket head screws M10*30	2
	NO.18	Optical axis fixing plate	1	NO.33	10*70 Cotter pin	1
	NO.27	15-hole center rod	1			



Steps

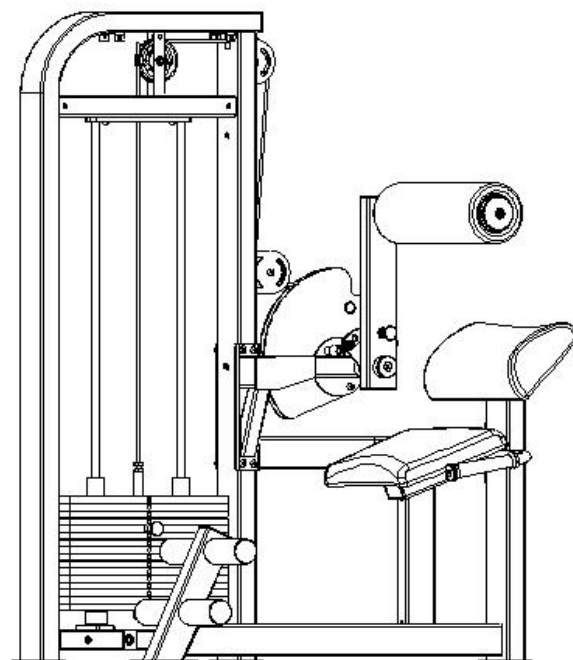
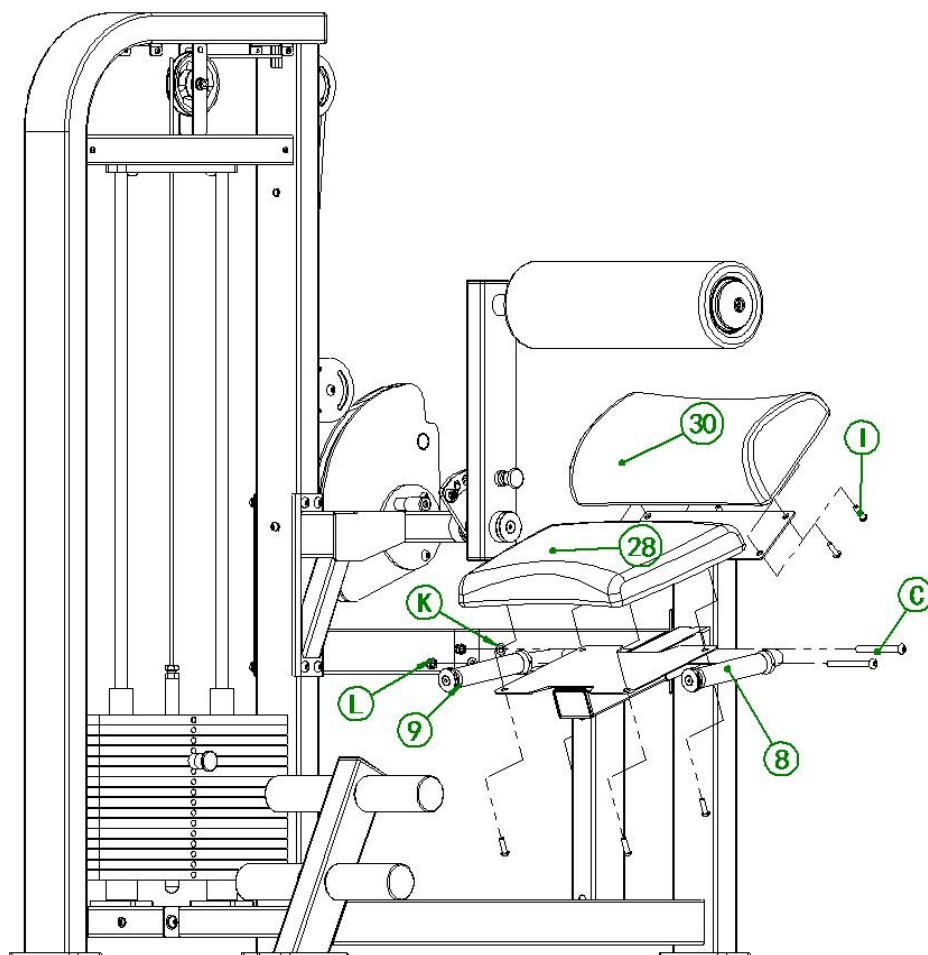
Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
5	NO.31	Wire rope	1			



Wire rope alignment diagram

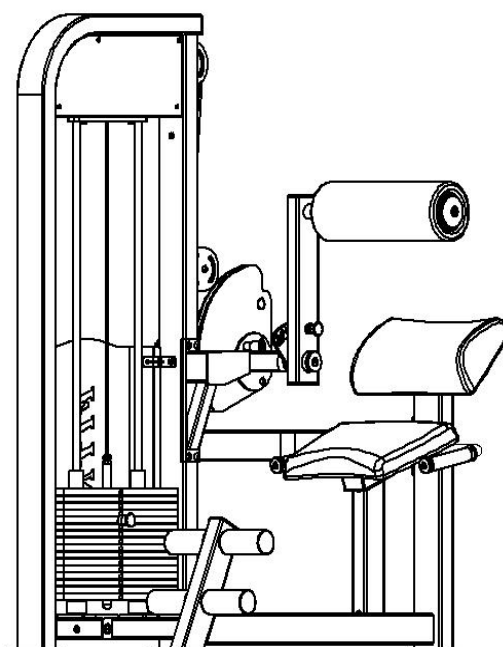
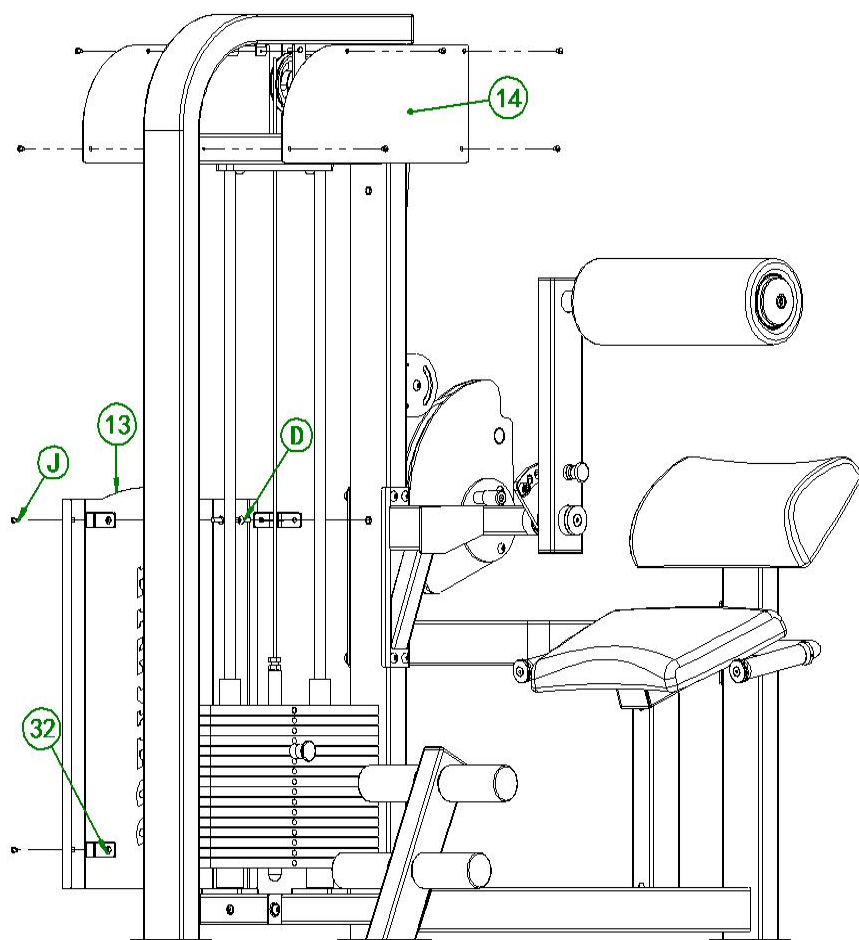
Steps

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
6	NO.8	Handle left welding	1	I	M8*25Flat head screws	8
	NO.28	Cushion	1	C	Hexagon socket head screws M10*100	2
	NO.30	Backrest cushion	1	K	Φ10Gasket	2
	NO.9	Handle right welding assembly	1	L	M10Anti-loosening nuts	2



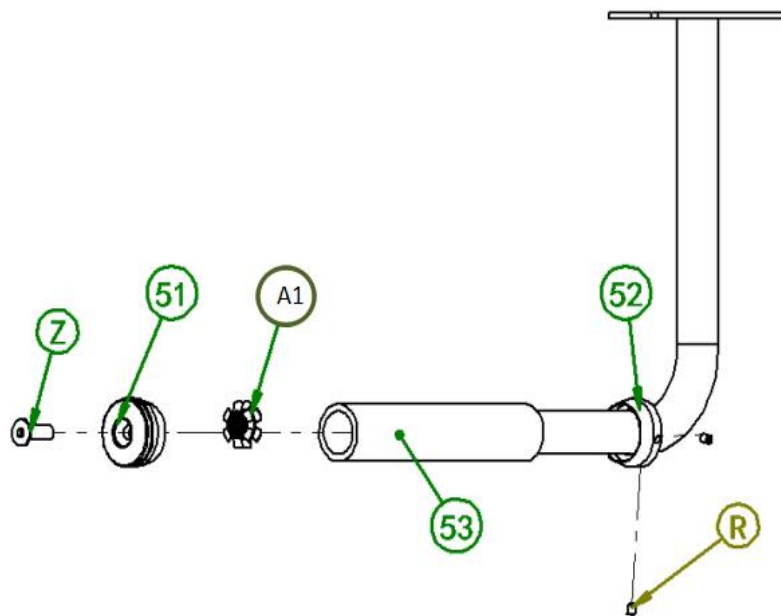
Steps

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
7	NO.14	Label Board	2	J	Hexagon socket head screws M5*8	12
	NO.13	Door guards	1	D	M8*20Flat head screws	4
	NO.32	Small mounting bracket	4			



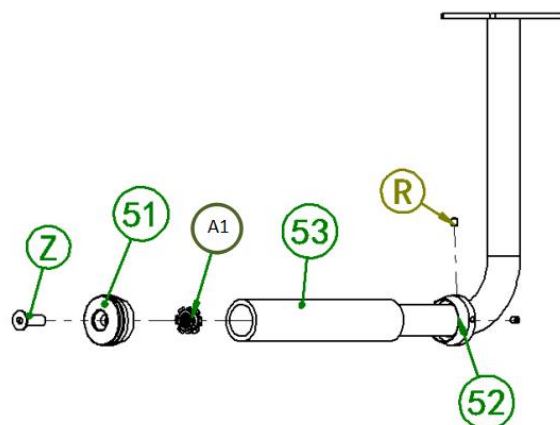
NO.8 Handle left welding assembly

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.51	Handle front cover	1	R	M5*6 Top wire	2
	NO.52	Handle back cover	1	A1	M8 star nut	1
	NO.53	Ø25 handle cover160mm	1			
	Z	M8*25 Flat Countersunk Head Screws	1			



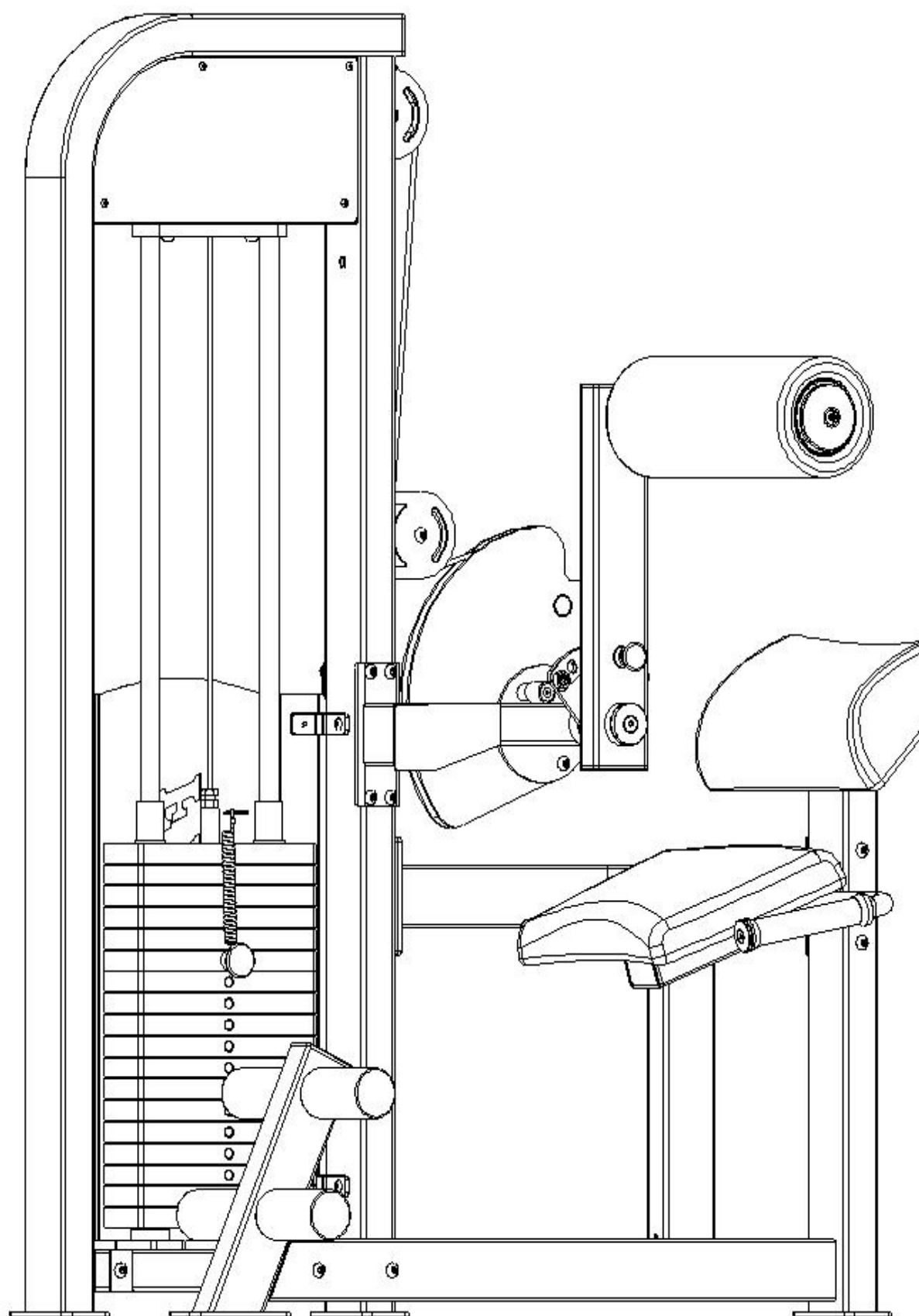
NO.9 Handle right welding assembly*1pc

Step NO	Item NO	Name	Quantity	Item NO	Name	Quantity
	NO.51	Handle front cover	1	R	M5*6 Top wire	2
	NO.52	Handle back cover	1	A1	M8 star nut	1
	NO.53	Ø25 handle cover160mm	1			
	Z	M8*25 Flat Countersunk Head Screws	1			

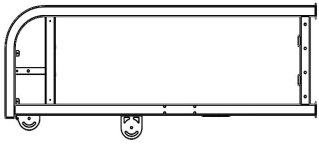
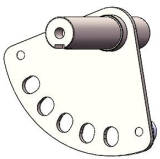
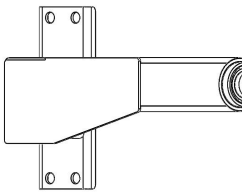
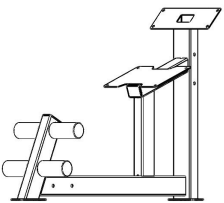
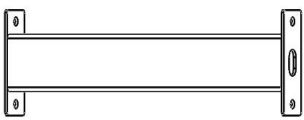
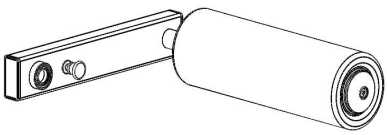
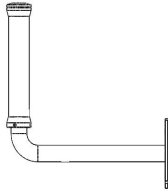
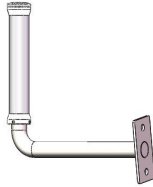
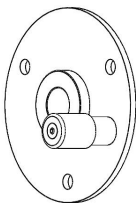
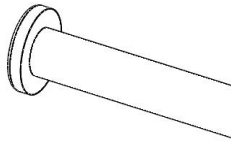
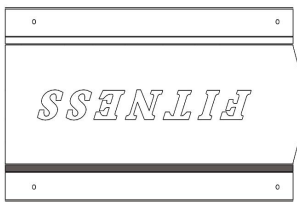
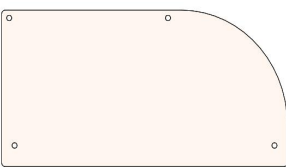
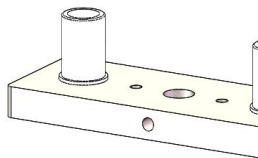
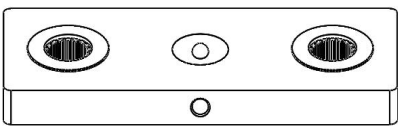
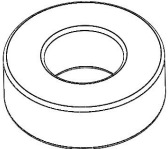


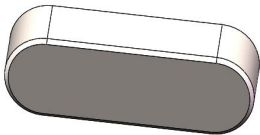
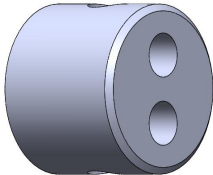
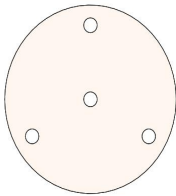
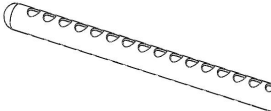
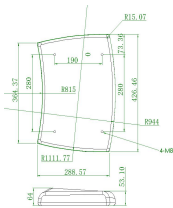
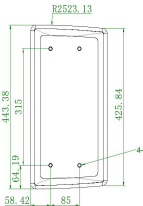
GC-5006 背肌训练器

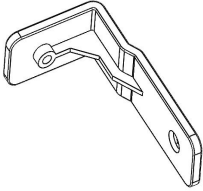
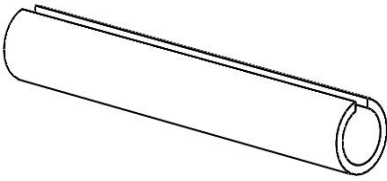
安装标准指导书



配件明细表（单独包装类）

					
1号	小门组件*1件	2号	大转轴组件*1件	3号	支架组
					
4号	大架组件*1件	5号	下连接组件*1件	6号	上连接组
					
7号	动臂组件*1件	8号	把手左焊接组件*1件	9号	把手右焊接
					
10号	转向滑轮组件*1件	11号	Φ105滑轮*3件	12号	卡绳销
					
13号	护板*1件	14号	标贴板*2件	15号	配重组
					

16号	配重片*15件	17号	圆形减震垫*2件	18号	光轴固定套
					
19号	Φ25*1217mm 导杆*2件	20号	8*25平键*1件	21号	铝合金端盖
					
22号	对锁板*1件	23号	固定钢索圆柱*1件	24号	粉末冶金绳轮
					
25号	绳盘盖板*1件	26号	配重插销*1件	27号	15孔中心板
					
28号	坐垫*1件	29号	绳盘*1件	30号	靠背垫
31号	钢丝绳*1件	32号	天展标*1件	33号	警告标志

31号	配重标*1件	32号	训练图*1件	33号	螺丝帽
					
34号	小安装板*4件	35号	开口销*1件	36号	中空螺

7



件*1件

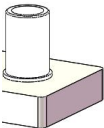


目件*1件

妾组件*1件



肖*2件



件*1件



块*1件
盖*1件

套*1件

杆*1件
4-M8
垫*1件
示*1件

扣*1件

钉*1件